

Antibiotic Resistance, RAPD- PCR Typing of Multiple Drug Resistant Strains of *Escherichia Coli* From Urinary Tract Infection (UTI)

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ABSTRACT

Introduction: Global spreading of multidrug resistant strains of *Escherichia coli* is responsible for Urinary Tract Infection (UTI) which is a major health problem in of concern. Among the gram negative bacteria, the major contributors for UTI belongs to the family Enterobacteriaceae, which includes *E. coli*, *Klebsiella*, *Citrobacter* and *Proteus*. However, *E. coli* accounts for the major cause of Urinary tract infections (UTIs) and accounts for 75% to 90% of UTI isolates.

Aim: The main aim of this study is to analyse the phylogenetic grouping of clinical isolates of UTI *E. coli*.

Materials and Methods: In this study nearly 58 *E. coli* strains were isolated and confirmed through microbiological, biochemical characterization. The urine samples were collected from outpatients having symptoms of UTI, irrespective of age and sex in Tamil Nadu, India. The isolates were subjected to

analyse for ESBL and AmpC β -lactamase production. To understand its genetic correlation, molecular typing was carried out using RAPD-PCR method.

Results: Here we noted phenotypically twenty seven isolates were positive for ESBL and seven for AmpC β -lactamase production. However, among the ESBL isolates higher sensitivity was noted for Nitrofurantoin and Cefoxitin. It is worth to note that the prevalence of UTIs was more common among female and elderly male. Phylogenetic grouping revealed the presence of 24 isolates belonged to B2 group followed by 19 isolates to group A, eight isolates to group B1 and Seven isolates to group D.

Conclusion: Phenotypically most of the strains were positive for ESBL and showed high sensitivity for Nitrofurantoin and cefoxitin.

Keywords: Antibiogram profiling, β -lactamase, Molecular typing, Random amplified polymorphic DNA

INTRODUCTION

Urinary Tract Infections (UTIs) are the most prevalent bacterial infections in India and worldwide. *Escherichia coli* are the most common bacteria present in the UTIs. The bacterium causes diseases in intestinal and extra-intestinal environments through acquired virulence factors through horizontal gene transfer, genetic recombination and natural selection [1,2] Uropathogenic *E. coli* (UPEC), which colonizes the urinary tract, may ascend the ureters to the kidney and establishes a secondary infection, acute pyelonephritis with irreversible kidney damage and causes of community acquired and nosocomial infections both in children and adults [3]. The wide spread multidrug resistant ESBL producing *E. coli* among UTIs gave an eye opening all over the world particularly in India [4-7].

The susceptibility of uropathogens to various antibiotics or its antibiogram profiling may help to improve the treatment of UTI without any delay. However there are many microorganisms responsible for UTI, *E. coli* is frequently present at community level infection. Among this, the persistent of high rate of resistant ESBL species gained much attention. The practice of irrational usage of antibiotics is one of the reasons to exhibit unique microorganism resistant pattern. Only few reports are available for the prevalence of multidrug resistant strains of UTI *E. coli* in the state of Tamil Nadu [8].

Phylogenetic studies based on multilocus enzyme electrophoresis (MLEE) showed that *E. coli* strains can be assigned to one of the four major phylogenetic groups (A, B1, B2 and D), which was later determined by PCR based method [9]. These four major groups become dominant recent years [10]. Among the four, extra intestinal pathogenic *E. coli*, which includes UPEC, comes under the group B2 and some extent to group D and the other two groups

predominantly present as commensal and/or intestinal pathogens. The ancestral backbone genome that remains constant, whereas the genes which differentiate the pathogenicity were introduced in the later recent years of evolution [11]. The genetic analysis using RAPD typing is one of the better tools for analysing the genetic correlation among the closely related bacterial population [12]. RAPD was reported more sensitive than PFGE, southern blotting with insertion sequence probes and phage typing with respect to MLEE for the study of bacterial population genetic structure, evolution and epidemiology [13,14]. The antibiotic sensitivity and molecular typing will give a pathway for the treatment of UTIs.

AIM

The present work was aimed to evaluate the persistence of multiple drug resistant strains of *E. coli* isolated from UTIs in Tamil Nadu, irrespective of age and sex through morphological, biochemical and antibiogram analysis. In addition to that we examined the genetic correlation of phylogenetic UPEC isolates using RAPD analysis to understand the molecular typing.

MATERIALS AND METHODS

Isolation and Identification of *E. coli*

During the period of 2011-2012, nearly 300 midstream urine samples were collected from the outpatients having symptoms of UTIs such as fever with irritation and pain during urination and a total number of 58 non-duplicate *E. coli* strains were isolated and identified biochemically. All the cultures were maintained and stored as glycerol stock culture at -80°C. Ethical clearance was obtained from Institutional Committee of Madurai Kamaraj University Ethical Committee for the collection of urine samples.

followed by cefotaxime (48.27%), ceftriaxone (44.82%) and ceftazidime (41.38%). When compared with third generation cephalosporins fourth generation cefepime was less resistance (39.66%).

Phenotypic detection of ESBL and AmpC β -lactamase production

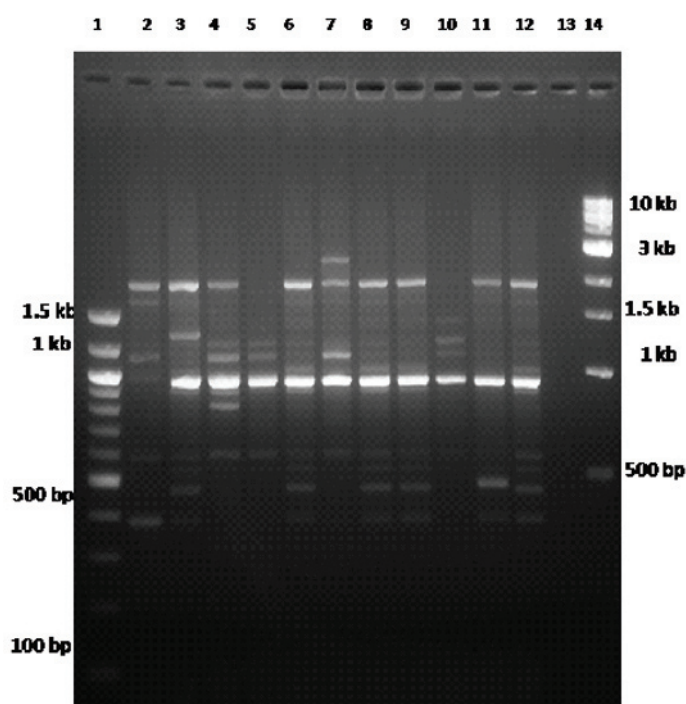
Phenotypic detection of ESBL was performed for 28 cephalosporin resistant isolates out of which 27 (47%) isolates were identified to produce ESBL based on combined disc method. All ESBL isolates were resistant to ampicillin and cephalosporins except one isolate, *E. coli* XA19 which was sensitive for ceftriaxone. Along with cephalosporins, co-resistance to other groups such as quinolones (43.1% each for nalidixic acid and ciprofloxacin), sulphonamides (37.93%), tetracycline (36.2%) and gentamycin (29.31%) was also higher among the ESBL isolates. All ESBL isolates were sensitive towards metallo- β -lactams. Among ESBL isolates, higher amount of sensitivity was found for nitrofurantoin and ceftoxitin (31 and 24% respectively).

Ceftoxitin resistance was directly correlated to ampC β -lactamase production. So isolates resistant (n=7) or intermediate resistant (n=11) to ceftoxitin were tested for the production of AmpC β -lactamase using phenyl boronic acid as enzyme inhibitor. All 7 ceftoxitin resistant isolates (*E. coli* XA03, *E. coli* XA05, *E. coli* XA08, *E. coli* XA55, *E. coli* XA31, *E. coli* XA51 and *E. coli* XA58) were identified to produce AmpC β -lactamase. Among these co-production of ESBL was detected in 6 isolates with the exception of XA08. All AmpC producing isolates were also resistant to other antibiotics such as extended spectrum cephalosporins, quinolones, tetracycline and aminoglycosides except one isolate (XA08), which showed intermediate resistance against cephalosporins.

Phylogenetic grouping and molecular typing

According to Clermont et al., the PCR based phylogenetic analysis was carried out for all UTI *E. coli* isolates [9]. Among these 24 isolates (41%) were assigned as group B2, 19 isolates (33%) as groups A, 8 isolates (14%) as B1 and 7 isolates (12%) as group D.

PCR based molecular typing was carried out based on RAPD analysis using primer 1281 for randomly selected isolates [Table/Fig-3]. All isolates from group B2 were included in this analysis



[Table/Fig-3]: RAPD analysis of randomly selected UTI *E. coli* strains using primer 1281. Lane1 and 14 are molecular makers. Lane2-12 are randomly selected *E. coli* strains. Lane13- is negative blank control.

along with 4, 6 and 3 isolates from group A, B1 and D respectively. The amplified product ranged from 400 bp to 3 kb with upto 12 bands. The dendrogram was constructed based on unweighed pair group method of analysis (UPGMA), which revealed the genetic correlation among isolates [Table/Fig-4]

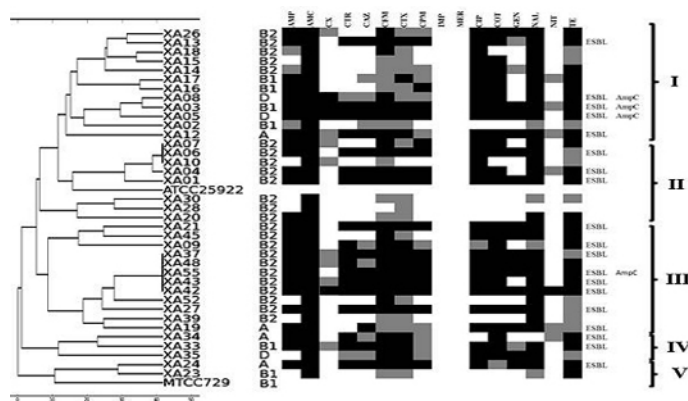
RAPD analysis revealed the genetic correlation among the isolates. The isolates were divided into 5 different clusters. Cluster I, IV and V were mixed clusters, which included the phylogenetically distinct isolates. The isolates from a single phylogenetic group were closely related with some exceptions. Cluster II and III were full of B2 isolates with an exception of XA19, group A isolate in cluster III. The antibiotic resistant profile of the isolate correlated with the RAPD profile. The multiple drug resistant and ESBL producing isolates were distributed widely in all the clusters.

DISCUSSION

Worldwide *E. coli* is the more common bacteria present in UTIs including India [7,20,21]. The current concern of UTIs is the prevalence of multi drug resistance and also a major problem in the treatment of UTIs [21,22]. Generally the bacterium *E. coli* may be attaching itself to the cell lining of the urinary tract and produces a protect film that might be the cause of resistant to medication. In this study most of the *E. coli* (28 strains) were positive for ESBL out of which seven isolates also produced AmpC β -lactamases. The incidence of UTI was higher among female (59%) and their infections tend to recurrent compared to male patients (41%).

In the present study UTI is quite common among female (26%) belonging to the age group 11-30 years and also elder male (19%) of above 51 years. Earlier reports from India and other countries represented the same [22,23] also supported the results as *E. coli* infection was higher among female than male. However earlier reports indicated that UTIs were more common among female belonging to the age group of 21-30 years [24,25]. Battacharyya et al., reported that the mean age of female having UTIs was 31.1 years [26]. Kumar et al., reported that UTIs were more common among male (33.3%) belonging to age group 51-75 than that of female (18.9%), whereas among children (below 10 years) UTIs were found only among female [25]. Our results also correlated with this with higher level of infection among elderly male. Segar et al., reported that among female, UTIs were more common among age group 11-40 years, whereas among elderly male with above 51 years were more susceptible to UTIs [27]. Dash et al., reported that UTIs were more common among young female (18-27 years) and elderly male (≥ 68 years). Urinary incontinency and poor hygienic practice in elder people were related to cause of UTI [28].

Resistance to extended spectrum cephalosporins due to the production of ESBL and/or AmpC β -lactamase was being reported recent years in India [29,30]. Both ESBL and plasmid mediated AmpC β -lactamases are associated with multidrug resistance.



[Table/Fig-4]: Dendrogram of random amplified polymorphic DNA (RAPD) profile based on UPGMA (Unweighted pair group mathematical average clustering algorithm).

Phenotypic detection method for ESBL is based on the resistance to cephalosporins, whereas for AmpC is based on the resistance to cephamycins [31]. In this study seven isolates showed resistance to both cephalosporins and cephamycins. Phenotypic detection method indicated the presence of both ESBL and AmpC β -lactamases in all the isolates. Higher amount of resistance (84-93%) to nalidixic acid was reported already from several areas globally [25,32,33]. Resistance to amoxicillin/clavulanic acid was increasing recent years. Mittal et al., reported 95%, Datta et al., reported 88.57% resistance to amoxicillin/clavulanic acid, where as 100% resistance was found among our isolates [24,34]. It is not a new thing that the evolution of resistance among antibiotics. However the periodic observation of antibiotic profile and its resistance will help us to treat UTI infection.

The presence of intestinal or commensal group A strains in the UTIs indicates the same, that the faecal contamination may be the source of infection. Among male the age group acquired higher infection. Sabate et al., reported that the commensal intestinal flora (group A and B1) of the patients with UTI were more virulent than the same phylogenetic groups isolates from the normal individuals [35]. The higher prevalence (33%) of group A isolates in our study indicates the essence of attention needed on the commensal flora. The selective pressure due to antibiotic usage in their ecological niche results the spread of ESBL isolates in extraintestinal environments [36]. It was also found that the prevalence of highly virulent phylogenetic group B2 (41%) among the ESBL isolates in Tamil Nadu. The previous findings also suggested that the highly pathogenic nature of the group B2 might be one of the reasons to cause UTI.

So the intestinal tract acts as the reservoir for the uropathogens of group A and B2. All the isolates in this study were susceptible to carbapenems. However, the geographical variation and infrequent usage of carbapenems may be the cause of infrequent isolation of NDM strains. This also correlated to the findings of Hussain et al., [5].

Worldwide spreading of *E. coli* belonging to different clonal groups was one of the major problems in the epidemiology of UTIs. The global spread of CTX-M15 producing multidrug resistant ST131 strains among the urinary tract infections in community setting has been reported. In India also the wide spread CTX-M15 producing *E. coli* strains has been reported since 2006 and it was the only dominant enzyme distributed among various strains [37]. In early 2011, *E. coli* ST131 was reported and since then several studies have been carried out [38]. However, the antibiotic resistance pattern of community acquired UTI *Escherichia coli* from local area had not been analysed with a set of antibiogram profiling. In our present study, we have analysed and found that 18 out of 58 strains (31.03%) as ST131, out of which 10 strains were ESBL (17.24%).

LIMITATION

The outcome results of this study had still some limitations. We have considered urinary tract infection of *E. coli* and not other microbes with irrespective of age and sex. The sample size may be increased in future considering inpatients in hospital to get more useful information.

CONCLUSION

From this study, we noted phenotypically most of the strains were positive for ESBL and showed high sensitivity for Nitrofurantoin and cefoxitin. Further studies related to MLST and whole genome sequencing of selected isolates from different MLST clades will be useful to understand the genetic diversity of UTI from India.

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